

June 2020

THE EVIDENCE-BASED BULLETIN

Moving forward through COVID-19

Due to health and safety issues that in-person workshops pose at this time, many evidence-based program developers have started to allow remote alternatives – online or telephonic. Understand your options by communicating with program developers and doing research.

There are pros and cons to using remote platforms to reach older adults. First, it can be very difficult to engage older adults through technology. Be sure to plan ahead to spend one-on-one time with each workshop participant in advance of the workshop to be sure they're comfortable using the online or telephonic platform. Second, find creative ways to continue abiding by CDBG grant requirements: collect Self-Certification Forms online or telephonically; announce the option for participants to make donations through your website or via mail; maintain HIPAA standards by using HIPAA-compliant platforms.

Remember – social engagement is more important now than ever! Keep your workshops interesting and engaging for participants and allow participants the opportunity to speak with each other. This can happen during workshop breaks, before and after

Technical Assistance Tip

Each EBP developer has a unique set of guidelines for how to proceed during these times. Partners in Care Foundation has done the leg work to bring many EBP workshops online and we want to share what we have learned! For guidance, resources or support please contact us.

Group size guidelines have changed! Shoot for 4-6 participants for telephonic and 8-12 participants for online.

Virtual Programs Fidelity Tips

Make sure you have a moderator in each session so the facilitator can focus on facilitating properly.



The Evidence-Based Bulletin is a quarterly tips sheet distributed to CDBG organizations by *Partners in Care Foundation*. *Partners* is the Technical Assistance Center for evidence-based programs for older adults in the City of Los Angeles.