

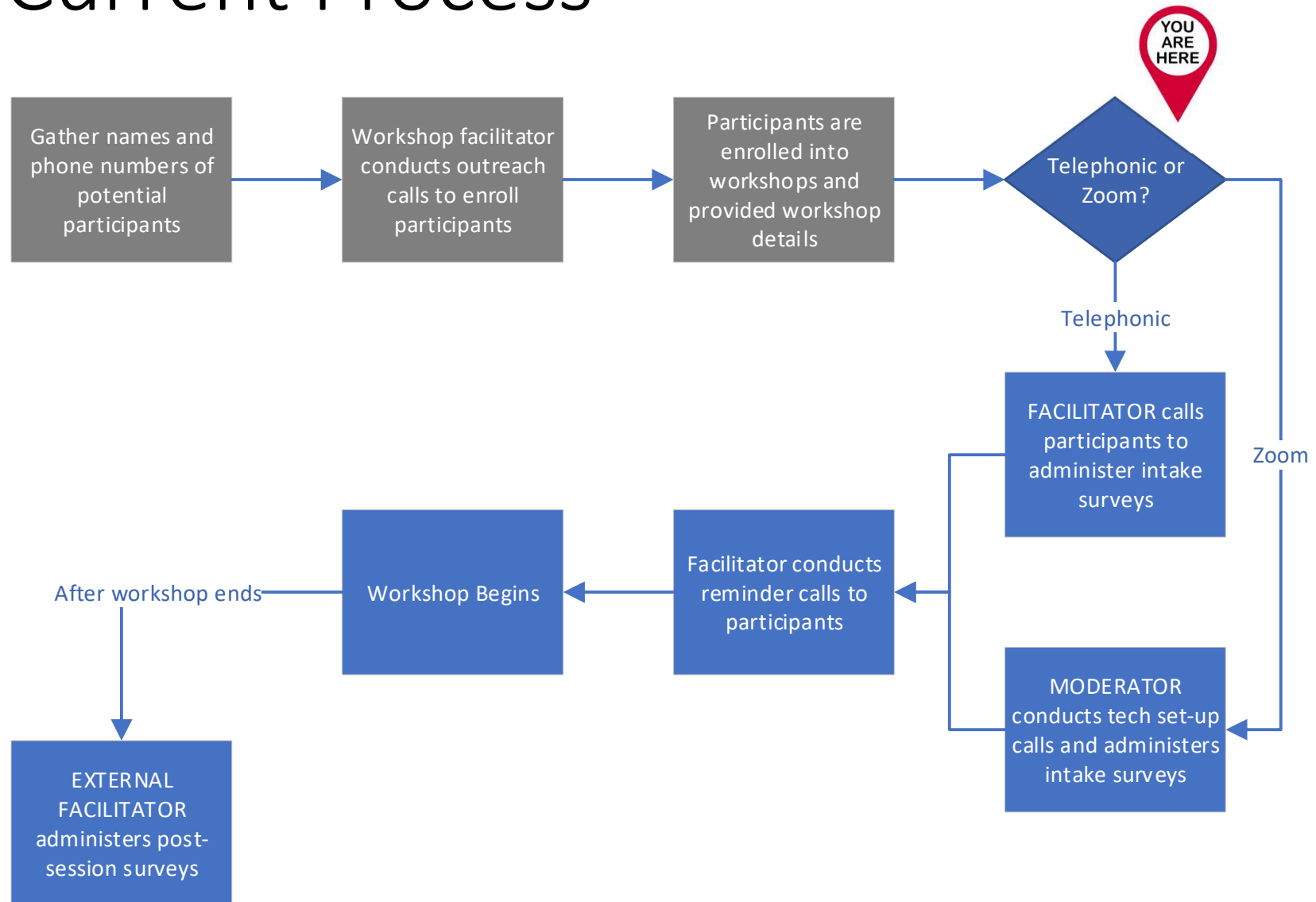
Data Collection for Virtual Evidence- Based Programs



What programs are we offering?

- Chronic Disease Self-Management Program Toolkit
- Tomando Control de Su Salud Toolkit
- Diabetes Self-Management Program
- Bingocize®
- Tai Chi for Arthritis (forthcoming)
- Chronic Pain Self-Management (forthcoming)

Current Process





- Paid subscription
- HIPAA Compliant
 1. Signed Business Associate Agreement (BAA)
 2. Survey encrypted
 3. Secure Survey Share Links (SSL) – *default, added security available*

<https://help.surveygizmo.com/help/hipaa>



Data Collected 2017 ACL CDSME & Falls Prevention Grantee

- ACL Required pre- and post-session surveys
- Client Intake Form (Title III-D funding)
- Participant Attendance
- Pre and post self-reported social isolation and loneliness
- Additional Post-Session Questions
 - Participant satisfaction related to telephonic/virtual modality

Tracking Attendance

- Required program attendance sheets utilized
- SurveyGizmo formatted to auto generate Participant ID based on responses to questions

Thank You Page: Participant ID **ID: 7**

🚩 Responses are marked as complete when they reach this page (The survey will end on this page)

Please write this information down for your reference.

💡 This question has display logic:

Please write down your "Participant ID" below

[question('option value'), id='80', option='10195'] [question('value'), id='90'] [question('value'), id='87']

Connecting pre- and post-session surveys

Page 1: Participant ID

ID: 1

Preview

You will need the Participant ID that you were asked to write down after completing the *Client Intake* and *Participant Information Form* for session 1. If you did not write this down, please contact your program administrator for this information.

What is your "Participant ID"? *

This ID was generated after completing the data forms for session 1.

CATEN104162005

Social Isolation *Campaign* *to End* *Loneliness* *Survey*

Validated; Three Likert scale-type questions from “Strongly Disagree” to “Strongly Agree” with an option for “I don’t know”

1. I am content with my friendships and relationships
2. I have enough people I feel comfortable asking for help at any time
3. My relationships are as satisfying as I would want them to be

<https://www.campaigntoendloneliness.org/>



Additional Post-Session Satisfaction Questions

1. On a scale from 1-5, how satisfied were you with the workshop with 1 being “Very Dissatisfied” and 5 being “Very Satisfied”?
2. Have you participated in an in-person workshop series in the past?
3. In the future would you prefer to attend workshop series to be done over the phone, on the internet, or in-person
4. Would you recommend this workshop to a family member/friend?
5. On a scale from 1-5, how satisfied were you with the workshop leader with 1 being “Very Dissatisfied” and 5 being “Very Satisfied”
6. [Open Ended] How has this workshop helped you?

Additional Options for Measuring Social Isolation

- De-Jong Giervald Loneliness Scale
 - Full scale: 11 items
 - Short form: 6 items
- UCLA Loneliness Scale: 20 items

Lessons Learned

Familiar names and voices matter

Use a scheduling tool to manage facilitator and moderators' time and responsibilities

Plan for appropriate resources to meet participants' linguistic needs

Plan for multiple methods of disseminating surveys dependent upon participants' access to internet and email

Be flexible



Contact Us!

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